1 romaine lettuce (or red leaf lettuce or green leaf lettuce)

1 small container of baby tomatoes

1 Italian parsley (if looks good)

6 carrots

1 cauliflower

1 celery

1 lb. broccoli

2 bunches of asparagus

2 yellow onions

1 red pepper

1 green pepper

8 oz. mushrooms

1 cube of firm tofu

1 cube of extra firm tofu

Peaches

Mayonnaise (if on sale)

Coke Cola

Pork spareribs ($1.99/lb.)

4 Yogurts (blueberry, strawberry, cherry, peach, peach mango)

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Forti-Diet Nature’s Harvest Guinea Pig Food

48 oz. chicken broth (Swanson, 33% less sodium) (C24)

1 can whole kernel corn (C23)

18-count eggs

Strawberries

Bananas

16 oz. sour cream

Chips

Lysol (if on sale) (I1)

Kotex Security Lightdays (Daily Liners, Extra-Coverage), if on sale (A4)

Toothpaste (Sensodyne, fresh mint, not rapid relief, green on the box)

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Non-fat milk (2 gallons)

Paper towels